

NEW SUPPORT AVAILABLE for FAMILIES



Learn how to be a healthy support for your loved one with a substance use disorder while taking care of yourself and the rest of your family

Meetings are held the first 3
Mondays of each month 6-7pm

1st Monday - Al-Anon

2nd Monday - Learn to Cope

3rd Monday - WMass Parent Support Group

**FAMILY
SUPPORT GROUP**

Location

**Western Massachusetts Recovery and Wellness Center,
155 Mill Street, Springfield, MA 01108**

Call for more information- 413-886-0110

Ask for: Barbara Gallo, Joanne Burke, or Karen Dean

Come to one or come to all
All groups are free and confidential

Unfortunately, no children under 18 admitted